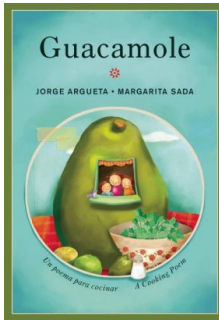


Storytime Ideas



Book Title: Guacamole: Un poema para cocinar / A Cooking Poem
About the Book: Guacamole originated in Mexico with the Aztecs and has long been popular in North America, especially in recent years due to the many health benefits of avocados. This version of the recipe is easy to make, calling for just avocados, limes, cilantro and salt. A little girl dons her apron, singing and dancing around the kitchen as she shows us what to do.

Storytime Activities:

Dress Up Fun!

Dress up with an apron, chef hat, gloves, or any other cooking gear.

What's in the Mystery Bag?

Use your mystery bag to pull out props such as a measuring cup, decorated bowl, spoon, and other cooking essentials needed to make Guacamole.

Whiteboard Activities:

While reading ask: Do you think an avocado is a fruit or a vegetable? Write a list of the green fruits starting with avocados.

Actions & Transitions:

- **Before Reading:**
 - Look at the cover: Ask: What color stands out on the cover? What do you think this book is going to be about? Have you ever eaten Avocados or Guacamole?
- **During Reading:**
 - As you read, sing and dance while reading the recipe. As you add the ingredients, Ask: Can you smell each item of food and describe each smell?
- **After Reading:**
 - Ask: Have you ever planted a seed from a fruit or vegetable? Would you like to taste Guacamole?

Vocabulary:

- Guacamole
- Avocados
- Slippery
- Mother Earth